

# **AIR NG/R M-Day Claims Processing Information Guide**

*It is imperative to keep this form and refer to throughout this process*

Claim preparation/submission will take two office visits:

The first visit is to go over all medical documentation. It is preferred to have all documents on a CD but can also do paper. Paper documents will need to be converted to digital before the second visit. If you need help with the conversion to digital, please let me know at the first meeting.

**You will need a complete copy of your NG service medical file for the first visit.**

You can get this by taking Form DD 2870 to your medical command who will advise on getting records from McChord Clinic. The form is on page 3.

## **First visit bring:**

- NG Service Medical File record (MUST HAVE THIS TO SCHEDULE 1st APPT)
- Active duty
- Civilian medical
- Pre and post mobilization sites
- Sick call slips
- Military physicals
- LOD's (Need to ensure you have all pages of LOD, not just memorandum)
- Entrance physical (MEPS)

Note: doctor, PA or nurse practitioner's records from civilian, military or VA healthcare are needed.

## **Second visit bring:**

Medical files:

- Disability Checklist (form we created at first visit)
- All medical files

Military personnel files:

- all DD 214's
- NG 23A-Retirement Points Summary.
- any orders that did not produce a DD 214.
- retirement order
- CIB or CAB orders

VA forms completed: (links to VA download site on next page)

- 21-526EZ-Application will be completed through the VA portal: <https://www.va.gov>
- VA Separation Health Assessment (SHA)
- VA 21-686C-Dependency
- Direct deposit information

VA Regulations:

- a. NG Members can only claim injuries during drill/AT or short term orders
- b. Active-duty over 91 days, you can claim illnesses (there are exceptions to time frame)
- c. Must have a valid diagnosis. Body parts will need radiology reports to confirm this.

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## VA Forms needed for claim:

<https://www.va.gov/find-forms/> This site will allow you to download all forms:

### 21-686C Dependency

When you get a 30% or higher rating, you will receive additional funds for having a spouse and/or children. You will need to complete this form to enable this benefit. You will only need marriage certificate. Children will be validated by their social. You do not need birth certificates unless the children were adopted out of the US. Note: there will be a lot of blank sections on this form. If it does not apply, ignore.

### 21-674 College enrollment Verification

If you have a child that has graduated high school and is enrolled in college, you can complete this form to still receive dependency allowance until they turn 24. Note: you will need to include a screenshot of their student portal showing enrolled and expected graduation dates.

### Separation Health Assessment

<https://www.va.gov/resources/separation-health-assessment-for-service-members/>

If you are retiring, you no longer need a DoD retirement physical if you file a VA claim either before or shortly after retiring. Instead of a DoD physical, you are required to complete the Separation Health Assessment.

### Tips:

1. Whether or not a condition is caused by your military service, all conditions need to be documented on this form. You should also annotate if you have an LOD for any of the conditions. By doing this form, you may be able to file a claim for that condition later. Note: for conditions that have no military link, you should still list. If congress changes policy for NG claims processing, you can file it later. This guarantees your right to file later if needed.
2. Driving to and from duty does count. If you have had a car accident driving to AT, you can claim any injuries. You must have taken the same route as you normally would do.
3. If you have a confirmed diagnosis, use the wording on your medical record to describe the condition.